



PREFACE

*A Note from
Robin and Michael*

We believe in the power of love. We experienced it early in our relationship and continue to experience it today. This book is a product of much love, and while Robin's voice will be the predominant one throughout, underneath every technique and principle is Michael's added understanding of Vastu, the science of balance and well-being. We know that Vastu can bring you the relationship you desire with just a little discipline and effort on your part. If you have been searching for love, we hope you will spend time here with us and let us help you make room for Mr. Right.

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Robin

I believe that there are men in the world who understand how to love a woman in a way that makes her eyes shine and her heart sing—and I believe a woman can take charge of her life and use her power to attract that type of man. My husband, Michael, is such a man. We've been together for more than twenty years, partners in life, love, work, and now this book.

Despite my romanticism, I know my faith in love alone was not the force that brought Mr. Right into my life. I had twice married, twice divorced. The last marriage left me a single mom with a toddler to raise on my own. I felt so alone and drifted into depression.

I owned a speaker's bureau at the time. Regardless of how disconnected I felt from myself and work, the rent on my home and office came due every month. I did carry spiritual truths and metaphysical principles in my heart, but my mind flailed desperately in an attempt to figure things out. The demands of my external world made the longing for what my heart desired seem impractical and out of reach. I didn't know how to surrender to finding another way. I just kept doing what I knew how to do, which was to hold on.

Once the pressure became too great with stress coming

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from too many directions—bills mounting, diapers needing changing, clients calling for help, lawyers demanding I pay attention to my divorce—I broke down. One morning I cried out in prayer, *“Here, you take this. I feel so bad having to say this, but I can’t do this anymore. I give up. Whatever is really mine to do, please return it. The rest is yours.”* Tears flowed, and my mind relaxed just enough to allow the divine—call it God, Universal Good, Jesus, Muhammad, there are many names—to take hold in my life. Then a shift occurred within me, a connection was made, and once again I was in touch with a source of solace and hope.

When I asked for help, I saw that, in the form of grace and forgiveness, help had been there for me all along. I wasn’t alone, and that awareness helped me find my way once again. I was humbled and free.

After my second marriage ended, I recovered and healed with the help of the divine and a community of women friends who were there for me as I was there for them. With their help, I began to develop clarity about what I really wanted. Some of us who were single formed a group and engaged in a process to align our actions with key universal principles. My transformation was steady. It felt so good. The changes in my inner world positioned me to receive what I desired from others, especially in a relationship with a man.

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Michael

Robin and I had known each other for a few years before we became a couple. We met at a mutual friend's birthday party. We were both married to other people at the time. I was and am a developer and studied Vastu, the science of building that this book is based on, many years before, as a graduate architect. I designed spiritual centers around the world and used Vastu in designing Microsoft's first building and many buildings for the Boeing Corporation.

Robin

My first impression of Michael was his kindheartedness and his gentle ways. As we moved in the same social circles, we became friends. After our marriages ended, and unbeknownst to us, we both were becoming clear about our ideal mate by doing similar processes. I remember how surprised we were when, on our first date, we realized that we wanted the same things—to love and be loved; to raise healthy, happy children; and to do good work in the world. It wasn't long after that we fell in love and took the first steps into a lasting union.

Michael brought stability and loving acceptance into my life, which had been missing for a long time. He intro-

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duced me to a new form of spirituality, and together we became teachers of Vedic knowledge. He also introduced me to Vastu, which we initially used to help our friends and students. I went back to school, received my master's degree, and focused on making Vastu accessible in the West. Our business has flourished, and people all over the world have realized the effectiveness of Vastu in bringing love, prosperity, and happiness into their lives.

I believe that there are many Mr. Rights for each of us. Once we draw them to us, we can choose the man we want to call "the one." But I also believe that you must make the commitment to find yourself before you find him. That's really what this book is about. Once you know yourself, you can enjoy your relationships with all of the people in your life, especially Mr. Right.

Michael

Vastu is an amazing tool for accomplishing your goal. It is not a religion or a path, but a method that includes the use of natural energy to achieve well-being. It shows you how to align your actions with the positive natural forces of the universe, and consequently enhance your love life and create more of what you want.

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One of the more compelling aspects of this work is that you don't have to go it alone. We'll introduce ways for you to experience the power of Vastu within your group of friends and your community as well as on your own. In fact, we encourage this, because most of us need—even long for—a group of friends, a loving community of like-minded people, in addition to a relationship with a special someone.

Robin

We've written this book in a specific order and suggest that you do the exercises in order. It's not mandatory. However, please make the first step—clearing clutter—your priority before you move on to any others.

To give you an idea of the impact of this work in the lives of women, we've invited three friends along for our journey: Sasha, Lori, and Faith. They are a blend of many of the wonderful women we've worked with over the years. Their composite stories illustrate the lives and relationship patterns we've seen in our work and show the responses we've observed, which can only be described as human.

One added note: couples can benefit from these tech-

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niques, too. The action steps are universal and work to support and improve the quality of anyone's life, married or single.

As we said at the start, we believe in the power of love. We also believe that the universe is a loving and benevolent place that extends to each of us a birthright of love. We invite you to discover this for yourself. It's time to shake out the old energy in your life and in your environment. Make room for the new. Make room for Mr. Right.